



SOUTHERN EDUCATION AND LIBRARY BOARD

WOODS PRIMARY SCHOOL MEALS KITCHEN



	Week commencing 3/6/19	Week commencing 10/6/19	Week commencing: 17/6/19	Week commencing 24/6/19
MON	Pizza / fishfingers Salad /homemade coleslaw Chips / rice salad Swiss roll & custard	Chicken curry boiled rice & naan bread Spaghetti bolognaise & homemade garlic bread Swiss roll & custard	Stuffed sausage & bacon Chicken crumble /mixed veg Mashed potato / gravy Bread slices Flakemeal biscuit & custard	Fishfingers / savoury mince Peas /carrots, gravy Salad coleslaw /rice Mashed potato Meringue nests & custard
TUES	Roast chicken stuffing gravy Carrots/peas /gravy Mashed potato /oven baked roast Chocolate cracknel & custard	BRUNCH LUNCH Sausage bacon, baked beans, Mushrooms, pancakes, wheaten, Bread slices/toast, scrambled egg Chocolate cookie /fruit	Homemade chicken goujons Chicken stir fry & noodles Salad /coleslaw /baked beans Chips /mashed potato Ice cream chocolate sauce	Homemade chicken & veg soup/ Hot dog/ tuna roll Selection of bread shortbread /fruit
WED	Chicken & veg soup Hot dog / chicken roll Bun /fruit	SPORTS DAY No Dinner	Breaded fish / bacon slices Peas / sweetcorn /coleslaw Mashed potato /gravy Bread slices /wheaten bread Sponge & custard	Lasagna / salad /homemade garlic bread /coleslaw /pasta Breaded fish /peas mashed potato / gravy chocolate cracknel & custard
THURS	steakburger / baked beans / carrots & peas /gravy Mashed potato Sweet & sour chicken & noodles Jelly & shortbread	Fishfingers / savoury mince Peas & sweetcorn Mashed potato/ gravy Jam & coconut sponge & custard Frozen mousse	Turkey stuffing gravy Carrots /broccoli Mashed potato /roast potato Jelly & ice-cream	PARTY DAY Homemade Chicken goujons / selection of sandwiches Chips / carrot sticks Bun /milkshake
FRI	Spaghetti bolognaise homemade garlic bread/crusty bread Carrots Mashed potato / gravy Rice krispie square & custard	Roast pork /gammon, stuffing, gravy Carrots /peas Mashed potato oven baked roast potato Sponge & custard	Steakburger in bap Chicken wrap /salad /homemade coleslaw/rice salad Oven baked diced potatoes /beans Sweetcorn Mashed potato / gravy Rice krispie bun / fruit	HALF DAY No Dinner