



SOUTHERN EDUCATION AND LIBRARY BOARD

WOODS PRIMARY SCHOOL MEALS KITCHEN



	Week commencing 5/11/18	Week commencing 12/11/18	Week commencing: 19/11/18	Week commencing: 26/11/18
MON	Chicken Curry & Brown Rice Naan Bread / Pizza Peas Chips Baby Boiled Potatoes /Pasta Flakemeal Biscuit & Custard Fresh Fruit & Yoghurt	Chicken & Pasta Bake Fishfingers Chips /Mashed Potato Peas /Homemade Coleslaw Salad Swiss Roll & Custard Fresh Fruit & Yoghurt	Homemade Chicken & Veg Soup Hot Dog Selection of Bread Bun Fresh Fruit & Yoghurt	Steakburger In Gravy / Cottage Pie Mixed Veg Mashed Potatoes Bread Slices Rice Krispie Square & Custard Fresh Fruit & Yoghurt
TUES	Roast Chicken, Stuffing Carrots/Peas /Gravy Mashed Potato /Oven Baked Roast Chocolate Cracknel & Custard Fresh Fruit & Yoghurt	Roast Turkey, Stuffing, Gravy Carrots, Broccoli Mashed Potato /Oven Baked Roast Potato Chocolate Cracknel & Custard Fresh Fruit & Yoghurt	Lasagna / Savoury Mince Salad /Homemade Coleslaw Garlic Bread/ Sweetcorn /Pasta Chips /Mashed Potato /Gravy Swiss Roll & Custard Fresh Fruit & Yoghurt	Pizza /Fishfingers Peas / Baked Beans / Pasta Oven Herb Diced /Mashed Potato Gravy Bun & Custard Fresh Fruit & Yoghurt
WED	Spaghetti Bolognaise Homemade Garlic Bread/Crusty Bread Stuffed Bacon Rolls Carrots Coleslaw /Gravy Mashed Potato Swiss Roll & Custard Fresh Fruit & Yoghurt	Chicken Curry Boiled Rice Naan Bread Beef Stew Peas/Sweetcorn, Gravy Bread Slices Chocolate Sponge & Custard Fresh Fruit & Yoghurt	Fresh Breaded Fish Chicken Wrap Salad /Homemade Coleslaw Peas /Gravy Mashed Potato Chocolate Cracknel & Custard Fresh Fruit & Yoghurt	Spaghetti Bolognaise Chicken Curry Brown Rice/ Naan Bread Homemade Garlic Bread / Carrots Mashed Potato /Gravy Rice Krispie Square & Custard Fresh Fruit & Yoghurt
THURS	Oven Baked Sausages Cottage Pie, Gravy Baked Beans / Carrots & Peas Mashed Potato Jelly Pot Fresh Fruit & Yoghurt	Pizza / Tuna Wrap /Salad Homemade Coleslaw /Chips Pasta/ Mashed Potato /Gravy Jelly & Shortbread Fresh Fruit & Yoghurt	Homemade Chicken Goujons Salad /Homemade Coleslaw Baked Beans/Rice / Chips Gravy Pots of Jelly & Shortbread Fresh Fruit & Yoghurt	Roast Pork Stuffing /Gravy Oven Baked Roast /Mashed Potatoes / Broccoli /Carrots Chocolate Cracknel & Custard Fresh Fruit & Yoghurt
FRI	Homemade Chicken Goujons Salad /Homemade Coleslaw Peas / Tuna Wrap / Chips Mashed Potato / Gravy Shortbread & Pot of Jelly Fresh Fruit & Yoghurt	Spaghetti Bolognaise & Crusty Bread, Peas Mashed Potato / Gravy Ice Cream & Chocolate Sauce Fresh Fruit & Yoghurt	Roast Beef, Stuffing Oven Baked Roast Potatoes Mashed Potatoes Carrots /Broccoli/ Gravy Rice Krispie Square & Custard Fresh Fruit & Yoghurt	Chicken Goujons Homemade Coleslaw/Salad / Chips Mashed Potato, Gravy Jelly Pot & Shortbread Fresh Fruit & Yoghurt