



## SOUTHERN EDUCATION AND LIBRARY BOARD

### WOODS PRIMARY SCHOOL MEALS KITCHEN



	Week commencing 3/9/18	Week commencing: 10/9/18	Week commencing: 17/9/18	Week commencing: 24/9/18
<b>MON</b>	Chicken Curry, Boiled Rice & Naan Bread Chicken Crumble Carrots & Peas Mashed Potato /Gravy Rice Krispie Square & Custard Fresh Fruit & Yoghurt	Homemade Chicken & Veg Soup Hot Dog Selection Of Bread Bun /Fruit Fresh Fruit & Yoghurt	Cottage Pie / Chicken Pie Mixed Veg /Gravy Mashed Potatoes Bread Slices Rice Krispie Square & Custard Fresh Fruit & Yoghurt	Chicken Curry Boiled Rice & Naan Bread Steakburger In Gravy Carrots /Mashed Potato Bread Slices Shortbread & Pink Custard Fresh Fruit & Yoghurt
<b>TUES</b>	Cheese Pizza /Fishfingers Salad /Homemade Coleslaw Mashed Potato / Oven Baked Diced Potatoes /Gravy Homemade Wheaten Bread Sponge & Custard Fresh Fruit & Yoghurt	Chicken Crumble / Bacon Slices Stuffing /Baked Beans /Gravy Carrots / Mashed Potato Bread Slices Ice Cream Chocolate Sauce Fresh Fruit & Yoghurt	Fresh Breaded Fish Peas & Sweetcorn Chips /Mashed Potato Gravy Chicken Stirfry & Noodles Chocolate Cookie & Custard Fresh Fruit & Yoghurt	Hot Dog /Chicken Wrap Red Sauce /Taco Sauce Chips / Mashed Potato /Gravy Ice Cream & Fruit Fresh Fruit & Yoghurt
<b>WED</b>	Spaghetti Bolognaise / Peppered Chicken & Boiled Rice Peas/Sweetcorn Gravy Bread Slices /Homemade Garlic Bread Jelly & Shortbread Fresh Fruit & Yoghurt	Fresh Breaded Fish /Chicken Wrap Salad /Homemade Coleslaw Peas /Gravy Mashed Potato Chocolate Cracknel & Custard Fresh Fruit & Yoghurt	Roast Beef Stuffing /Gravy Oven Baked Roast /Mashed Potatoes Broccoli /Carrots Chocolate Cracknel & Custard Fresh Fruit & Yoghurt	Fresh Breaded Fish Goujons Bacon Slices /Baked Beans Mixed Veg Mashed Potatoes /Gravy Chocolate Sponge & Custard Fresh Fruit & Yoghurt
<b>THURS</b>	Roast Pork /Gammon Gravy/ Stuffing /Mixed Veg Mashed Potato /Oven Baked Roast Chocolate Cracknel & Custard Fresh Fruit & Yoghurt	Roast Turkey/ Stuffing Oven Baked Roast Potatoes Mashed Potatoes Carrots /Broccoli/ Gravy Rice Krispie Square& Custard Fresh Fruit & Yoghurt	Pizza /Fishfingers Peas / Baked Beans Oven Herb Diced /Mashed Potato Gravy Bun & Custard Fresh Fruit & Yoghurt	Cottage Pie Peas Mashed Potato Gravy Pasta Bolognaise Homemade Garlic Bread Flakemeal Biscuit & Jelly Pot Fresh Fruit & Yoghurt
<b>FRI</b>	Homemade Chicken Goujons Salad / Homemade Coleslaw/Baked Beans Mashed Potato /Chips Flakemeal Biscuit & Custard Fresh Fruit & Yoghurt	Lasagna / Savoury Mince Salad /Homemade Coleslaw/Garlic Bread /Sweetcorn Chips /Mashed Potato /Gravy Swiss Roll & Custard Fresh Fruit & Yoghurt	Spaghetti Bolognaise /Macaroni Cheese Homemade Garlic Bread / Carrots Mashed Potato /Gravy Rice Krispie Square & Custard Fresh Fruit & Yoghurt	Roast Chicken Stuffing Carrots & Broccoli Oven Baked Roast Potatoes Mashed Potato Chocolate Cracknel/Custard Fresh Fruit & Yoghurt