



SOUTHERN EDUCATION AND LIBRARY BOARD
WOODS PRIMARY SCHOOL MEALS KITCHEN



	Week commencing 1 January 18	Week commencing 8 January 18	Week commencing: 15 January 18	Week commencing: 22 January 18
MONDAY	HOLIDAY	Chicken Curry /Chicken Crumble Peas Mashed Potato/Boiled Rice/ Naan Bread/Gravy Chocolate Sponge & Custard Fresh Fruit/Yogurt	Roast Pork/Gammon Gravy/Stuffing/Mixed Vegetables Mashed Potato/Oven Baked Roast Potato Chocolate Cracknel & Custard/ Fresh Fruit/Yogurt	Meatballs/Savoury Mince Sweetcorn/Peas Pasta/Mashed Potato Gravy Chocolate Sponge & Custard/ Fresh Fruit/Yogurt
TUESDAY	HOLIDAY	Breaded Fish/Cottage Pie Carrot /Sweetcorn Mashed Potato/Gravy Chocolate Cracknel & Custard/ Fresh Fruit/Yogurt	Spaghetti Bolognaise/Bolognaise Wrap Shredded Lettuce/Grated Cheese Salad/Homemade Coleslaw Homemade Garlic Bread/ Crusty Bread/ Pasta Swiss Roll & Custard/Fresh Fruit/Yogurt	Chicken & Vegetable Soup Hot Dog/Chicken Salad Roll Bun/Milkshake/ Fresh Fruit/Yogurt
WEDNESDAY	HOLIDAY	Homemade Breaded Goujons Chicken Crumble Carrots / Sweetcorn Mashed Potato Chips /Gravy Sponge & Custard Fresh Fruit/Yogurt	Breaded Fish/Fishfingers/Chicken Wrap Peas/Carrot/Salad Homemaxde Coleslaw/ Sweet Chilli Sauce Mashed Potato Sponge & Custard/ Fresh Fruit/Yogurt	Chicken Curry/Chicken & Pasta Bake Carrots Mashed Potato/Gravy Shortbread & Pot Of Jelly/ Fresh Fruit/Yogurt
THURSDAY	Pizza/Fishfingers/ Chicken Drumstick Peas/ Beans Chips/Pasta Bread Slices Sponge & Custard/ Fresh Fruit/Yogurt	Stuffed Sausage & Bacon/Bacon Slices/ Sausages Baked Beans/Peas/Gravy Mashed Potato/Bread Slices Shortbread & Jelly/ Fresh Fruit/Yogurt	Chicken Pie/Chicken Drumstick Mixed Vegetables/Gravy Mashed Potato/Bread Slices Rice Krispie & Custard/ Fresh Fruit/Yogurt	Roast Beef Stuffing/Gravy Carrots & Broccoli Oven Baked Roast Potatoes/ Mashed Potato/Gravy Rice Krispie & Custard Fresh Fruit/Yogurt
FRIDAY	Roast Chicken Stuffing/Gravy Broccoli / Mixed Vegetables Oven Baked Roast/Mashed Potato Rice Krispie & Custard Fresh Fruit/Yogurt	PizzaChicken Wrap Salad/Homemade Coleslaw/Peas Oven Baked Diced Potato/ Mashed Potato/Gravy Ice Cream & Jelly/ Fresh Fruit/Yogurt	Chicken Nuggets/Chicken Crumble Carrot Sticks/Homemade Coleslaw/Salad Gravy Chips/Mashed Potato Ice Cream/Flakemeal Biscuit/ Fresh Fruit/Yogurt	Homemade Chicken Goujons Salad/Homemade Coleslaw Chips/Mashed Potato/ Bread Slices/Grav Ice Cream Tub/Fruit/ Fresh Fruit/Yogurt

Milk and Water Available Daily

Fruit, Yogurt & Bread Available Daily

Menu Subject To Deliveries

If a Child Has an Allergy, Please Contact the Principal/Unit Catering Supervisor