



EA Southern Region



WOODS PRIMARY SCHOOL MEALS KITCHEN

	Week commencing 6/11/17	Week commencing 13/11/17	Week commencing: 20/11/17	Week commencing: 27/11/17
MON	Pizza /Fishfingers Peas /Baked Beans/Gravy Chips/Pasta/ Mashed Potato Sponge & Custard/ Fresh Fruit	Stuffed Sausage & Bacon Bacon Slices Baked Beans/Mixed Veg Mashed Potato/Gravy Pasta/Bread Slices/Homemade Wheaten Bread Sponge & Custard/Fresh Fruit	Homemade Breaded Goujons/ Tuna & Pasta Bake Mashed Potato/ Plain Scone Salad Bar/Coleslaw/Baked Beans Gravy/Sweet Chilli Sauce Ice Cream & Chocolate Sauce / Fresh Fruit	Chicken Pie/Chicken Wrap Carrots/ Broccoli Salad Bar/Homemade Coleslaw Mashed Potato /Gravy /Pasta Sweet Chilli Sauce / Chocolate Sponge & Custard/ Fresh Fruit
TUES	Roast Chicken Stuffing Gravy Carrots/Broccoli Mashed Potato/ Oven Baked Roast Potato Rice Krispie Square & Custard/ Fresh Fruit	Spaghetti Bolognese/ Chicken Stir Fry Homemade Garlic Bread/ Crusty Bread/Noodles/ Mashed Potato Soy Sauce/Gravy Rice Krispie Square & Custard/ Fresh Fruit	Roast Turkey Stuffing, Gravy Carrots & Broccoli Oven Baked Roast Potato / Mashed Potato Rice Krispie Square & Custard/ Fresh Fruit	Chicken & Vegetable Soup Hot Dog/Chicken Salad Roll Jelly & Shortbread/ Fresh Fruit
WED	Spaghetti Bolognese Crusty Bread/ Homemade Garlic Bread Chicken Curry Rice & Naan Bread Ice Cream & Chocolate Sauce/ Fresh Fruit	Chicken Curry Boiled Rice /Naan Bread / Chicken Crumble Mashed Potato /Bread Slices Carrots /Gravy Jelly & Shortbread/Fresh Fruit	Pizza /Chicken Wrap Salad Bar/Homemade Coleslaw Chips/Mashed Potato/ Crusty Bread/Pasta Shortbread & Pink Custard/ Fresh Fruit	ODD SOCK DAY Chicken Nuggets/Chicken Crumble Fresh Salad Bar/Coleslaw Garlic Bread/Chips / Mashed Potato/ Gravy Ice Cream Tub /Flakemeal Biscuit/ Fresh Fruit
THURS	Chicken & Vegetable Soup Hot Dog/Chicken Salad Roll Homemade Wheaten/Scones Shortbread & Jelly Pot/ Fresh Fruit	Roast Beef Carrots/ Peas /Stuffing/ Gravy Oven Baked Roast Potato/ Mashed Potato Chocolate Cracknel & Custard/ Fresh Fruit	Breaded Fish/Beef Stew Peas/Carrots Bread Slices/Mashed Potato, Gravy Sponge & Custard/Fresh Fruit	Roast Pork/Gammon Stuffing/Gravy Broccoli/Carrots Oven Baked Roast Potatoes/ Mashed Potato Chocolate Cracknel & Custard/ Fresh Fruit
FRI	Breaded Fish/Bacon Slices Peas& Sweetcorn/Beans /Salad/Homemade Coleslaw Mashed Potato/Chips/ Bread Slices Sponge & Custard/Fresh Fruit	Pizza/Tuna Wrap Salad Bar/ Coleslaw/Peas Oven Baked Herb Dice Potato / Mashed Potato/Gravy Jam & Coconut Sponge & Custard/ Fresh Fruit	Chicken Curry Boiled Rice/Naan Bread/ Mashed Potato/Gravy Cottage Pie/Savoury Mince Sweetcorn /Carrots Swiss Roll & Custard/Fresh Fruit	Lasagna/ Steakburger In Bap Salad/Homemade Coleslaw/ Grated Cheese Oven Bake Herb Dice/Pasta/ Homemade Garlic Bread/Mashed Potato/Gravy Bun /Milkshake/Fresh Fruit